"Padding"

related to me this morning the story about how the U.S. cipher operators, instructed in the use of padding, proceeded to stereotype their operators had been provided with printed instructions which gave as an example of padding the use of "Friends Romans, Countrymen..." and ending usage with "Send me your ear..."

The operators proceeded to use the example literally, U.S. operators added to it these: Padding Friends Romans Countryman Padding... (usage)... Padding send me your arm padding.

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